



## **SAFETY**

**The club request that all skaters be prepared for their lessons and dress in a manner that ensures the skater is safe and has the ability to move freely. Clothing should reflect a skater dedication and preparedness to learn the sport.**

- a) **Mandatory - All Children must wear an approved helmet until they have passed Canskate Level 5. After passing Level 5 a helmet is optional.**
- b) No gum chewing allowed on the ice
- c) Skate guards will be worn at all time when not on the ice surface
- d) No jewelry or dangling earrings will be worn while on the ice.
- e) No bobby pins will be worn on ice.
- f) The Star skate skaters will ensure their hair is neat and off their neck and proper skating attire is expected at all time.
- g) No music devices will be wore by skaters on the ice.
- h) If an accident occurs on the ice or in the dressing rooms an incident report form will be completed. A copy will be provided to the parent. (See Appendix A)
- i) There is a zero tolerance for alcohol and drugs use. If skater is found to be under the influence or having drugs or alcohol in the dressing room or on the ice the parents will be called immediately and the child will be remove from the arena. The skater will be suspended until the incident is put in writing to the Executive and incident review is completed.

## **DISCIPLINE**

**All skaters will respect the coaches and assistant coaches while on the ice. A positive learning environment will be maintained at all times. Disrespect will be defined as the lack of giving consideration, lack of decent behavior and not placing an individual in authority in a position of high regard.**

- a) All skaters will be respectful, listen and follow the skating instructions given by the coach.
- b) All skaters will show respect to other skaters on the ice.
- c) The following is the disciplinary process for skaters behavior:

## Mile 300 FSC safety rules and discipline policy

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- a. The first incident of being disrespectful to a coach or another skater will be immediately removal from the ice for that session. The coach will give the skater a Completed Discipline Form. ( See Appendix C) Parents of the skater will be verbally told, by the coach, of the incident that day either in person or on the phone .
- b. A second incident will result in a suspension for two skating sessions. The parents will be notified verbally the same day and will receive a written incident report in three days of the incident. The coach will give the skater a Completed Discipline Form.
- c. A third incident will result in a full suspension. An incident report will be delivered to the Executive and the parent within three days. To re-enter the club a meeting must be held with the skater, club Discipline Committee and the coach. The meeting will review all incident reports and all parties must sign a behavior plan for the skater on the ice. A minimum suspension will be given of one month.
- d. If a skater chooses to leave the club due to this disciplinary process no fees will be reimbursed.